## Claim

[1] A self-aligning roller bearing in which double row rollers are arranged as rolling elements between an inner ring and an outer ring each by way of a cage such that they can roll in the circumferential direction, and the cage includes an annular section having a pocket for containing the roller, an outward flange disposed to and radially extended outward from the annular section on the head side of the roller for retaining the head of the roller, a pawl protruded on the outward flange and engaging the head of the roller, and a small-diameter flange disposed to the annular section on the tail side of the roller, characterized in that

a roller inserting guide is disposed on the side of the outer circumference of the small-diameter flange of the cage, with a guide surface substantially in parallel with the direction of an angle of contact of the roller being provided to the pocket on the side of the small-diameter flange.